

# Daily Word



A UNITY PUBLICATION  
DECEMBER 1946

# Class Thoughts

**PEACE . . .** In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

**PRAYER FOR WORLD LEADERS:** Through the Christ mind you are unified in thought and purpose for the good of all humanity.

NOV. 20 to DEC. 19

**ILLUMINATION (11 a. m.):** I thankfully proclaim God as my inner light, and I understand the Truth.

**PROSPERITY (12 noon):** I rejoice and give thanks for the abundance in God's kingdom, where I live in thought and word.

**HEALING (9 p. m.):** I praise and give thanks that my eyes are open to see the good in myself and in all persons, and good flows to me in harmony and health.

DEC. 20 to JAN. 19

**ILLUMINATION (11 a. m.):** The new light in Christ guides and directs me in all my ways.

**PROSPERITY (12 noon):** All my affairs are blessed by new life in Christ with its many promises of prosperity.

**HEALING (9 p. m.):** I rejoice in the restorative power of Jesus Christ now working mightily in a new consciousness of life in my soul and body.

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## PRAY FOR THE PEACE OF THE WORLD

**I**T IS easy to become so engrossed with our personal problems and affairs that we ignore the problems of the world at large. We may even purposely isolate ourselves from the thought of world affairs because we feel that we cannot do anything about them anyway.

In Unity we believe that the most powerful force in the world is prayer, and we believe that if more and more people would give a little time each day to praying about world conditions, the permanent peace for which we all long would be more quickly established among the nations.

Will you take a few minutes every day to join us in the prayer for peace and the prayer for world leaders given on the opposite page? When you give the benefit of your constructive thought and the blessing of your faith to the world, you find yourself filled with a new sense of oneness with all men, you realize that in praying for the solution of the world's problems you are praying for the solution of your own.

# DAILY WORD

EDITED UNDER THE SUPERVISION OF SILENT UNITY

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DECEMBER, 1946

No. 6

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## DAILY LESSONS FOR DECEMBER

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| 1. Rebirth            | 11. Divine Good  | 22. Healing       |
| 2. Success            | 12. Friendliness | 23. Peace         |
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| 8. Heart              | 18. Prayer       | 29. Being         |
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| 10. Truth             | 20. Illumination | 31. New Year      |
|                       | 21. Prosperity   |                   |




# Unity

R. H. GRENVILLE

4 Out of one substance God makes all that is.  
9 The filigree of winter's drifting snow,  
3 The green of grass, the heat of flame are His;  
8 All things within, without, above, below.  
13 Water and wind are of one substance made;  
37 Mountain and mite are equally divine;  
As in the cosmos so within a blade  
Of meadow grass His timeless glories shine.

There is no alien thing, for deep within  
The secret core of life all things are one;  
Unto the heart of God all men are kin  
To one another, as to star and sun.  
How great our joy when this is understood,  
That God is all and therefore all is good.



## *The Silent Unity Christmas Service*

IN THE hushed room that is called the Silent Unity "Healing Room" a clear, sweet voice is singing, "Silent night! holiest night!" The members of Silent Unity gathered here listen. Time and space dissolve for them, and they are no longer of this century; they are in Bethlehem on that holy night when Christ was born. They are the shepherds watching their flocks, they are the Wise Men journeying from afar; they see the holy light, they hear the heavenly songs, they follow the star that leads to Him, whose birth has been prophesied and heralded for ages.

A hundred voices chant the story: "And there were shepherds in the same country abiding in the field, and keeping watch by night over their flock."

A hundred voices sing like the shepherds on Bethlehem's hills:

"O come, all ye faithful,  
Joyful and triumphant,  
O come ye, O come ye to Bethlehem;  
Come and behold Him  
Born the King of angels;  
O come, let us adore Him,  
O come, let us adore Him,  
O come, let us adore Him,  
Christ the Lord."

For each one taking part in this Christmas service the story becomes his own story, the songs become his own songs. In unison with the others but from the depths of his own heart and spirit each one prays: "Christ is born in me today. Hallowed be His presence within me." O glorious light of Truth! This is the real Christmas, this is the eternal meaning. Not in Bethlehem alone is Christ come into the world, but He is born anew throughout the years in human hearts. He is born anew in me this day.

A hundred voices continue with the age-old story. "And they . . . went their way; and lo, the star, which they saw in the east, went before them, till it came and stood over where the young child was. And when they saw the star, they rejoiced with exceeding great joy. And they came into the house and saw the young child with Mary his mother; and they fell down and worshipped him; and opening their treasures they offered unto him gifts, gold and frankincense and myrrh."

And they who read these words know themselves to be like the Wise Men of old. They bring their gifts to Christ, precious gifts, priceless gifts—the gift of life, the gift of light, the gift of peace, the gift of plenty—and they bear witness to the fulfillment of the promises of Christ, the Word of God made manifest.

As they think of their own gifts which they bring to Christ this day a song fills the air that echoes their thoughts.

"Behold the star, the wondrous star  
That leads to Christ in you!  
The wise have followed from afar  
And found the promise true.  
Oh, let the bells in rapture ring  
And peace its joy impart;  
For He is come who shall be king:  
The Christ in every heart."

Now again they read in unison the words of the service: "Centuries ago the coming of the babe Jesus glorified His humble birthplace. Today the inflooding of His Spirit glorifies us, for our hearts have become the cradle of divinity. Into this Christmas service, in which we are met together, into our prayers and lives there streams a heavenly light, the light of the Christ Spirit. The power of the newborn Christ in us blesses us and blesses others as we speak the living Christ word, the word of healing, substance, order, freedom, light, and joy. Christ is our fulfillment."

The glory of the birth of Christ that made a manger a place of miracle fills the room, fills each heart here, and ordinary, everyday people are transfigured by the wonder and the beauty and



the miracle of the Christmas story made real to them this day.

In this still room, filled with the feeling of Christmas, there are no longer a hundred people only. There are throngs and throngs of people who have entered in thought. They are the people who have written to Silent Unity for help in prayer; and all these thousands who are one in the silent unity of Spirit are filled with the wonder of Christmas. They too feel born anew. They too worship the Christ within. They too are transfigured. They too know that Christ is the answer to their prayers. Christ is health, Christ is peace, Christ is love, Christ is supply, Christ is guidance, Christ is freedom, Christ is joy, Christ is fulfillment, Christ is the fulfillment of every need of their loved ones.

Oh, there is a glory in this place that is called the Silent Unity Healing Room! Christmas is here, because Christ is here, and all the light and joy of all the Christmases ever celebrated are here, because here are open hearts and minds, here has been prepared the cradle of divinity, here has Christ been reborn this day.

*Editor's Note: "The Silent Unity Christmas Service" is reproduced for you in the center pages of this magazine. Silent Unity invites you to join them in this Christmas service every day from December 15 to December 20.*

# Light

JEAN MILNE GOWER

How often have I trembled in dark  
places

Like an affrighted child,  
Not knowing that within my easy  
reach

Luminance awaited but the turning  
on.

A little twist of seeking fingers,  
A little impulse toward self-help,  
And lo, the darkness vanished!  
It was as though God's hand had  
guided mine,

And almost I could hear His voice  
Saying again, "Let there be light."

## *Christmas Is for Everyone*

LUCILLE TRAPP

A FEW YEARS ago when so many restrictions were placed upon us because of the demands of a world at war, a friend said to me: "I wish the government would restrict Christmas to just some little celebration for the children. It is such a hectic time that I can't say that I really enjoy it." I had some comprehension of her dread of the approaching Christmas season and the feeling of hurry and tension that it would bring. As I left her I gave some thought to what she had said.

Memories flooded my mind, memories of gay Christmas parties with friends, of colorful, be-ribboned packages being distributed, of the satisfaction in finding just the right gift for grandfather and for Thelma, my particular friend at the office, of the fascination of the expensive and elaborate gifts displayed in the shop windows. And I thought, "Oh, I wouldn't want us not to have Christmas for everyone!"

But no one has completely escaped a feeling of hurry, of mental and physical fatigue at Christmas time. It is not easy to hold one's own in the crowds of Christmas shoppers, to co-operate with harassed clerks, to find gifts that are appropriate at the

right price, to plan parties, to prepare the house for Christmas guests, to arrange trips to spend the holidays with loved ones, to do all the things that are a part of the Christmas celebration.

Christmas is such a special time of the year. Its celebration commemorates the birthday of perhaps the only person who ever knew peace and order and joy in their fullest sense. Surely there is a way to take part in the many phases of this celebration so that it will be a season of inspiration and renewal rather than one that leaves us strained and fatigued.

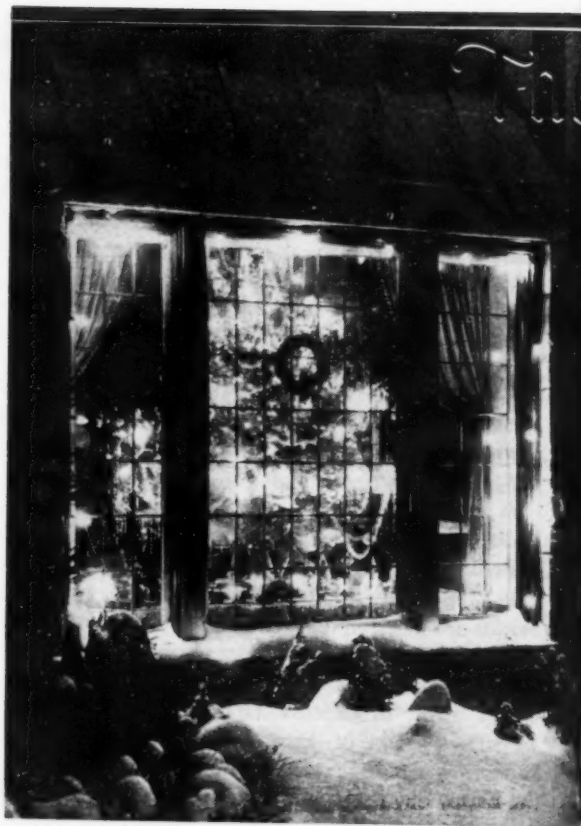
How can this be done? Why is it not possible for us to be as poised and peaceful in festival times as when we are occupied with the ordinary business of everyday living? Actually we do not accomplish any more by hurry and bustle than we do when we are deliberate in our actions and decisions. We only take on a state of mind that frustrates orderly and satisfying accomplishment. Such a state of mind shuts us off from the sense of deep joy that should accompany the spiritual and material giving and receiving of the Christmas season.

To be free to experience to the utmost the upliftment of the Christmas season it is wise to organize our time and energies, to make concrete plans for each day, and to be deliberate and

conscientious in carrying these plans through.

There is a divine order in life, and if we will co-operate with it we shall keep peaceful in mind, joyous in heart. We shall find that order will prevail in all our activities during the Christmas season. Our inner poise, our realization that divine order is established in our mind, body, and affairs, will erase feelings of hurry and worry. We shall find comfort on busses and streetcars, we shall find convenient places to park, we shall find our money adequate and our energies exhaustless. We shall find the spirit of co-operation and kindness that is present in every heart, and we shall experience a deeper realization of the true spirit of Christmas than we have ever experienced before.

Christmas is for everyone. It is for the children, but it is also for those of whom so much is demanded at Christmas time—the shop clerk, the housewife and mother, the postal clerk, the postman, the delivery man. Even though extra demands are made upon the time and energy of most of us during the Christmas season, if we allow the love and joy and patience and order of the Christ Spirit to express itself freely through us we shall partake of the true Christmas spirit, and Christmas for us, from the first shopping trip to the happy day itself, will be a joyous experience.



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# The Christmas Spell

JAMES DILLET FREEMAN

Wish a Merry Christmas! There's a magic in it  
Like an old tune on an old-fashioned spinet.

Now dull skies lift; now grown-up hearts become  
A small boy wishing for a sled and drum.

Now dingy streets look like a county fair;  
There is a glory, a glitter everywhere.

Oh, what a merriment chimes from the steeple!

The jostling crowds turn into friendly people;

The caroling of boys becomes the angels' choir;

A plain green fir tree the whole of heart's desire,

With candlelight and tinsel transforming every-  
day

Into the land where dreams come true, the land  
of faraway;

And the starlit story of a lone child's birth

Is still the last best hope of peace on a bewildered  
earth.

O wonder time of love when everyone's a lover,  
When we put away our grown-up mind and  
dream and rediscover

The small-boy joy, the lost love of living,

The childlike faith, the holy grace of giving!

This is the magic of the Christmas spell:

Our tired heart blossoms like a miracle!

# Sunday

DECEMBER 1

I AM FREE FROM ALL SELF-CONDEMNATION  
FOR PAST MISTAKES, FOR TODAY I AM BORN  
ANEW.

I GREET this new day with joyous anticipation, for the sunlight that brightens my heart and soul is the forgiving presence of Christ. I rejoice that the mistakes and regrets of yesterday cannot mar the beauty of today. This is a completely new day, another chance to begin again, and I accept this new opportunity as God's gift of grace to me.

I am immersed in a realization of the purifying, cleansing, renewing activity of Christ in me. I see myself as He sees me, radiantly whole and perfect.

I give thanks to God for this new day. I give thanks for the infinite possibilities that are within me. What I could not do yesterday, with God's ever-present help I can accomplish today. I am a spiritual being, unfettered and unbound, and I rejoice in the good that this day holds forth to me. I bless the past and forgive myself for all the mistakes I have made. I place my hand in God's this day and begin anew.

✿ *Behold, I make all things new.*—REV. 21:5.



DECEMBER 2

## Monday

I EXPRESS THE CHRIST SPIRIT OF LOVE AND SERVICE, AND I AM PROSPEROUS AND SUCCESSFUL IN ALL THAT I UNDERTAKE.

WHEN you express the Christ Spirit of love and service you are assured of continuous growth and advancement and success, for the perfect, loving rendering of the service in hand opens the way to new and greater opportunities to serve. Nothing can hold you back when you are wholeheartedly working for God, universal good, for then He is working for you, guiding you into unlimited prosperity and success.

Begin today to put more love and joy and willingness into every task you perform. Free your mind from any thoughts of discontent with your present place in life and from personal striving to get ahead, and let His Spirit express itself freely through you in service to the very best of your ability. As you do this you will become conscious of a new sense of achievement and satisfaction, and the abundant prosperity and success that come from working with God will surely be manifested in your affairs.

♣ *Only be strong and very courageous, to observe to do according to all the law.*—JOSH. 1:7.

## Tuesday

DECEMBER 3

I GIVE FREELY, AND, I RECEIVE FREELY.

WHEN WE know the divine law we know that we cannot get anything for nothing. We can never cheat the divine law. It holds an even balance. Our accounts are never really with man but with the divine law. When we give, we should give to life, not to man. Our giving should be directed by the Spirit rather than by human consciousness.

It is not always necessary to give to the person from whom we have received, but give we must if we wish to keep the channels of supply open and free-flowing. If we do not have material wealth to give, we can always give of our love, our time, our prayers. Everyone has something to give, some talent to express. When we give freely we open the way to receiving richly.

Begin to give. Give your blessings to everyone you meet. You will find God's good pouring back to you. You will wonder why you ever thought life dull or uninteresting, or people unloving. You will think how wonderful, how glorious, how interesting life is!

✿ *Give, and it shall be given unto you.*—LUKE 6:38.

I BEHOLD THE PRESENCE OF CHRIST IN EVERY PERSON AND EVERY CONDITION, AND MY EYES ARE BLESSED.

THE EYES function best when they are free from strain. Love is the harmonizing activity of God that eases mental strain and brings peace and healing to every part of the body.

If there are any conditions in your body or affairs that are troubling you, turn your attention to the healing activity of Christ, and give thanks that the eyes of your mind are capable of beholding the Christ perfection.

If there is any person who seems to irritate you or whose action you do not fully understand, behold the loving Christ in this person. Behold the Christ in every person you contact, and your eyes will radiate a kindness that will warm every heart.

Take time each day to rest your eyes upon the beauty that surrounds you. Enjoy the sky, the beautiful flowers, the happy faces of little children, the bright loveliness of new-fallen snow.

Look for the Christ in everything and everyone, and your eyes will be blessed.

✱ *I will lift up mine eyes.*—PSALMS 121:1.

# Thursday

DECEMBER 5

MY MIND AND HEART ARE AT PEACE, BECAUSE I HAVE FAITH IN GOD'S SPIRIT OF JUSTICE AT WORK IN LIFE AND IN MAN.

PEOPLE often feel that it is their personal responsibility to bring about justice in some situation that seems out of keeping with what is just and right. It is the sense of personal responsibility that makes one feel tense and worried and distraught.

Situations that at first seem unjust sometimes prove not to be unjust when all the facts are known. If we could know the heart of the persons involved in a situation and all the motivating factors, we might be in a position to judge. But since it is impossible to know all this even when we are a party to the situation, it is much better for us and everyone else if we can bring ourselves to trust God's Spirit of justice, which is ever at work in life and in man.

As we stay close to God in prayer and place our faith in His Spirit, justice is always brought about, for "the judgment of God is according to truth."

✿ *For the invisible things of him since the creation of the world are clearly seen, being perceived through the things that are made.—ROM. 1:20.*

DECEMBER 6

## Friday

GOD'S LOVE DWELLING IN ME MAKES ME  
KIND, THOUGHTFUL, AND UNDERSTANDING.

**T**O BE thoughtful is to be loving and kind and understanding. To be thoughtful is to speak with tact, to be mindful of the desires and needs of others, and to remember and respect the little niceties that assure harmony in all relationships. Home will be happier, business will be better as we are thoughtful. The life of the community will be richer and the state of the affairs of the world will be healthier as we become more thoughtful.

Today make life more pleasant for yourself, your family, your friends, and your acquaintances by according to every person the tolerance you like to receive. Act in ways that are mindful of the wishes and desires of others.

Thoughtfulness, kindness, understanding on your part will establish a firm foundation for harmony, peace, and happiness in your life today and in the days to come. You will find it a satisfying way of life, an invitation to the warmth and good cheer that feeds every man's hunger.

✿ *Beloved, let us love one another: for love is of God.*  
—I JOHN 4:7.

I LOOK TO GOD FOR DIRECTION IN EVERY DETAIL OF MY LIFE, AND HE CONTINUALLY GUIDES AND BLESSES ME.

THERE is no detail of our life too small or unimportant for us to ask for and receive God's wise direction about it. When we turn to Him His wisdom is ever available to us in making the smallest as well as the most important decisions.

At this season of the year Christmas shopping occupies a part of our time and attention, and most of us feel the need of poise and order and guidance in selecting and purchasing the gifts that express our love and good will to others.

If we will turn to God for guidance when we start out on a shopping trip, His Spirit will go before us, making smooth and pleasant and successful our way. Crowds will not dismay us, for we shall be conscious of His peace and order. Confusion will not beset us, for His wisdom will be directing us. We can make our Christmas shopping a happy, harmonious experience by turning to God and seeking His willing, loving co-operation.

✿ *He will direct thy paths.*—PROV. 3:6.

MY HEART IS ONE WITH THE HEART OF JESUS  
CHRIST.

**I** BLESS and praise my heart for the perfect work that it does in me. My heart beats in rhythm and harmony with the heart of God and is permeated and penetrated with His love, life, and peace.

The compassionate love of Jesus Christ fills my heart. I think and speak lovingly about all persons and things, and all my actions are kind, considerate, and courteous. The love of Christ is harmonizing and healing my heart.

The life of Jesus Christ now fills my heart. It is constantly renewing, rebuilding, strengthening and perfecting every valve and muscle. The life of Jesus Christ nourishes my heart.

The peace of Jesus Christ now infolds my heart. No fears, worries, or doubts assail me, for I trust God and know that He is taking care of every smallest detail of my life. The peace of Jesus Christ calms my heart, for I know that all is well.

Father, I open my heart to Thee every moment of every day. Let Thy healing love shine through it to bless every living soul.

• *Let not your heart be troubled.*—JOHN 14:1.

# Monday

DECEMBER 9

CHRIST IN THE MIDST OF ME IS THE LIGHT OF MY WORLD.

**E**VEN AS the sun dispels all mist and darkness from the face of the earth so Christ in me transforms the slightest shadow of negation into brightest light. Christ is the light of my life, the animating intelligence of my being, and according as I realize this truth all my ways are made plain.

Christ is the light of my mind. When there is a perplexing problem before me, I quietly affirm the presence of His revealing light in my mind, and I know all that I need to know.

Christ is the light of my body. Every cell of my body temple is radiant with the Christ life. All my organs are permeated and penetrated with this healing, restoring power.

Christ is the light of my soul. Age-long accumulations of wrong thoughts and habits cannot hold my good from me, for this cleansing, renewing, purifying light illumines the furthest recesses of my soul, and night is turned into day. My soul is flooded with the healing light of Christ.

☛ *If therefore thine eye be single, thy whole body shall be full of light.*—MATT. 6:22.



I KEEP MYSELF EVER OPEN AND RECEPTIVE  
TO THE VOICE OF OMNIPRESENT TRUTH.

TRUTH IS everywhere present. It is not only to be found in the pages of the Bible and in books specializing in religious instruction, but it has its abiding place in the heart of every individual, book, message, and situation. Truth is the voice of God, and since God is everywhere present so is Truth, but our eyes and ears must be open and receptive to it.

All around us in the out-of-doors Truth is revealed through nature. The glorious harmonies of music, art, and poetry all remind us of the harmony and beauty that ever abide within our own soul. The accomplishments of other persons challenge our own innate abilities. Wherever the thoughts of men are given expression, whether through the written or the spoken word, there can be found some message of comfort, enlightenment, or beauty.

Truth speaks to us from all sides, within and without, through friend and foe, and when we listen, what wonders are in store for us!

♣ *When he, the Spirit of truth, is come, he shall guide you into all the truth.*—JOHN 16:13.

# Wednesday

DECEMBER 11

"I STAND AMID THE ETERNAL WAYS  
AND WHAT IS MINE SHALL KNOW MY FACE."

THESE words from the poem "Waiting" by John Burroughs provide us with a most wonderful affirmation of Truth; for indeed we do stand in the eternal presence of God, and our good is constantly gravitating to us.

Is it health you desire, dear friend? Abide in the realization that God is the very life of your body and you will experience health; for a healthy consciousness attracts healthy conditions.

Perhaps you are seeking love. If so, realize that God in you is drawing to you those persons who will best help you in your ongoing and whom you will bless. Believe this and patiently radiate love, and the love you desire will bless your life.

If you are seeking more security, more harmony, greater success in your affairs, know that it is God's will that you should have all these things. Affirm your oneness with God, and the desires of your heart will come forth into manifestation.

• *Your heavenly Father knoweth that ye have need of all these things. But seek ye first his kingdom, and his righteousness; and all these thing shall be added unto you.—MATT. 6:32, 33.*

# Christmas Service 1946

THE FIRST CAROL



**A**ND there were shepherds in the same country abiding in the field, and keeping watch by night over their flock. And an angel of the Lord stood by them, and the glory of the Lord shone round about them . . . And the angel said unto them . . . behold, I bring you good tidings of great joy which shall be to all the people: for there is born to you this day in the city of David a Saviour, who is Christ the Lord.—*Luke 2:8-11.*



*Choir:*

O come, all ye faithful,  
Joyful and triumphant,  
O come ye, O come ye to Bethlehem;  
Come and behold Him  
Born the King of angels;  
O come, let us adore Him,  
O come, let us adore Him,  
O come, let us adore Him,  
Christ the Lord.

—*No. 144, Unity Song Selections.*

Let all who participate in this Silent Unity Christmas service join now in thought and heart and prayer in that silent unity of Spirit which carries a universal blessing to all men everywhere.

#### PRAYER OF CONSECRATION

Christ is born in me today. Hallowed be His presence  
within me.

AND they . . . went their way; and lo, the star, which they saw in the east, went before them, till it came and stood over where the young child was. And when they saw the star, they rejoiced with exceeding great joy. And they came into the house and saw the young child with Mary his mother; and they fell down and worshipped him; and opening their treasures they offered unto him gifts, gold and frankincense and myrrh.  
—Matt. 2:9-11.

Like the Wise Men of old who brought their gifts from afar, we come into this sanctuary of prayer to offer our gifts, the rich spiritual gifts of service. We bring the glad tidings of the rebirth of Thy spirit into the minds and hearts of all people. May the gift of life, the gift of light, the gift of peace, the gift of plenty, bear witness to the fulfillment of the promises of Christ, the Word of God made manifest.



*Choir:*

Behold the star, the wondrous star  
That leads to Christ in you!  
The wise have followed from afar  
And found the promise true.  
Oh, let the bells in rapture ring  
And peace its joy impart;  
For he is come who shall be king:  
The Christ in every heart.

—No. 138, *Unity Song Selections*.

Centuries ago the coming of the babe Jesus glorified His humble birthplace. Today the inflooding of His Spirit glorifies us, for our hearts have become the cradle of divinity. Into this Christmas service, in which we are met together, into our prayers and lives, there streams a heavenly light, the light of the Christ Spirit. The power of the newborn Christ in us blesses us and blesses others as we speak the living Christ word, the word of healing, substance, order, freedom, light, and joy. Christ is our fulfillment.

## PRAYERS OF FULFILLMENT

### *Meditation*

#### FOR SELF

The life of Christ fills my body;  
The love of Christ fills my heart;  
The substance of Christ fills my affairs;  
The beauty of Christ shines forth through me  
As faith and freedom, joy and courage, power and  
peace.  
Christ is made manifest in me.

#### FOR OTHERS

The life of Christ fills your body;  
The love of Christ fills your heart;  
The substance of Christ fills your affairs;  
The beauty of Christ shines forth through you  
As faith and freedom, joy and courage, power and  
peace.  
Christ is made manifest in you.

DECEMBER 12

## Thursday

GOD'S LOVE EXPRESSES ITSELF THROUGH ME  
AS THE SPIRIT OF FRIENDLINESS.

**G**OD'S LOVE fills my heart and overflows in blessing to all of His children. Remembering that Jesus Christ was the truest friend mankind has ever known, I strive to follow Him by lifting my thoughts to the plane of His universal and unselfish love.

I am interested in the welfare of my fellow men, and I grasp each opportunity to contribute to their success and happiness. I have a cheery word or a genial smile for everyone, and people are at ease in my presence because of my friendly attitude. I am sympathetic and responsive to the enthusiasm of others, generous and sincere in my praise of their good qualities. God's love radiating through me lends confidence to the timid, strength to the weary, encouragement to the disheartened.

I am blessed with the friendship of others because I am a true friend. I give generously of myself and my love with every act of service, knowing that in truth I have only that which I share.

\* *I have called you friends; for all things that I heard from my Father I have made known unto you.*—JOHN 15:15.

## Friday

DECEMBER 13

GOD INFOLDS ME AND PROTECTS ME. HIS LOVE GUIDES ME; HIS WISDOM COUNSELS ME.

EVERYONE who prays and looks to God for help has felt the protecting presence of God in a very definite way at various times in his life. He has felt the cautioning hand of God's wisdom in times of danger. He has felt the assurance of God's care and control in intense moments.

It is by cultivating faith in God's undefeatable and all-knowing presence ever with us that we develop courage and are able to dispel our fears.

All of us have instinctive knowledge of the power within us. Everyone at some time has been faced with a situation that called for immediate and courageous action and has been able to meet it with a faith and poise he did not know he possessed. As we gain conscious knowledge of the love and wisdom of the protecting presence within us we have a substantial basis upon which to build a courageous, satisfying life. And we cannot fear for ourselves or anyone else when we are aware of the loving and protecting presence of God with us.

♣ *The angel of his presence saved them.*—ISA. 63:9.



GOD GIVES ME UNDERSTANDING AND FILLS  
MY HEART WITH PEACE AND COMFORT.

**B**ECAUSE WE are all a part of God, we are one in Spirit, and in Spirit there is no separation or loss. Life is an eternal progression. We learn, we grow, we develop toward Christhood, and the love of God holds us close one to another forever and ever.

With this understanding, nothing we have to meet in life seems meaningless or incomprehensible. It is when we do not have a true conception of God or life that we feel deprived, grieved, or forsaken.

Through prayer God gives us the understanding that brings peace and comfort to the heart. There is no grief too deep, no confusion too dense for God's love to penetrate.

No matter how little a person has thought about God or how indifferent he has been to prayer, when he turns to God in his moment of need, he always finds the loving presence, the profound understanding, and the spiritual strength he needs.

✿ *But there is a spirit in man: and the inspiration of the Almighty giveth them understanding.—JOB 32:8 (A. V.).*

## Sunday

DECEMBER 15

THANK YOU, FATHER, FOR THE CONSCIOUSNESS OF YOUR PRESENCE WITH ME TODAY.

FATHER-GOD, how I cherish the privilege of daily communion with You. How blessed the peace and quiet joy that flood my being when I meet You in the silence.

Thank You, Father, for a bright and beautiful day. Whether skies be blue or gray, Your radiance shines upon the day to bless it. Thank You for newness of spirit, for my realization of Your life within me, the everliving divine self of me. Thank You, Father, for my awareness of Your presence in everything I touch, for the vision of You as love and courage and goodness in the eyes of those I meet, for the sound of Your voice in the hum of everyday living. Thank You for my consciousness of Your presence with me as power, invincible power that translates itself into whatever courage, strength, or endurance is demanded of me. Thank You that wherever I go the awareness of Your presence envelops me in a mantle of love and protection.

*Thou art nigh, O Jehovah;  
And all thy commandments are truth.*

—PSALMS 119:151.

DECEMBER 16

*Monday*

BLESSED IS THIS DAY AND BLESSED ALL THAT  
IS THEREIN.

**I** BLESS MY mind that it may think wise, right, and constructive thoughts. I bless my body that it may be renewed, revitalized, and perfected. I bless my spirit that it may be quickened and given free expression.

I bless you, my dear one, my friend, my acquaintance, not only because this is a season of well-wishing but because we are one in spirit, and in this oneness there is love and understanding. I bless you for what you are, for what you express of the Christ within. I bless you that you may be a blessing.

I bless you, my world, and all the people of the world. I bless those afar off and those close at hand, those in low and those in high places. I bless you, my world, and behold you populated with a divine citizenry, ever becoming the heaven of happiness promised in the prayer "Thy kingdom come."

Blessed is this day and blessed all that is therein.

✿ *I will bless thee . . . and be thou a blessing.*—GEN. 12:2.

## Tuesday

DECEMBER 17

I LOOK TO THE LOVE AND INTELLIGENCE OF GOD WITHIN ME FOR GUIDANCE AND COUNSEL, AND I MAKE RIGHTEOUS AND WISE DECISIONS.

WE SHOULD allow our decisions to be motivated by both love and intelligence. Sometimes what seems to be the intelligent thing to do under certain circumstances may not be the loving thing, and there are times when what seems to be the loving thing to do may not be the intelligent thing.

Many decisions made in the name of love encourage dependency and weakness in another person, and this is not intelligent. On the other hand many decisions made in the name of intelligence shock and confuse a person in need of spiritual support, and this is not loving.

Everyone has within him a spirit that is infinitely loving and intelligent, and when he depends upon this spirit for guidance and counsel in all the phases of his life, his decisions are both righteous and wise.

✿ *But the wisdom that is from above is first pure, then peaceable, gentle, easy to be entreated, full of mercy.*  
—JAMES 3:17.

"BE STILL, AND KNOW THAT I AM GOD."

**P**RAYER ATTUNES man's consciousness to God consciousness.

Man sees imperfection; he makes appearances the basis for his reasoning. Prayer directs his attention Godward, and he learns to see beyond appearances to the perfection of God. If he prays long enough he comes to accept this perfection as his own. Prayer establishes the consciousness of perfection in man. This is why we are told to "pray without ceasing."

In Unity the favorite way of prayer is what is known as the silence. The silence is not mysterious or difficult. Someone has said that it is as simple as inhaling the fragrance of a rose. Every time you get still, relax, and turn your attention to God you are in the silence to some degree. The more you can shut out the external world, the more receptive you are to the spirit, the deeper do you penetrate that inner realm known as the silence. Through the practice of the silence your consciousness is more closely attuned to God consciousness.

♣ *Pray without ceasing.*—I THESS. 5:17.

# Thursday

DECEMBER 19

I RISE ABOVE ALL DOUBT AND DISCOURAGEMENT, FOR MY WHOLE FAITH IS IN GOD, THE GOOD.

**T**HE FAITH that overcomes every obstacle is the faith that refuses to give way to doubt and discouragement in the face of seeming adverse appearances. In times of trial your faith in God and in the ultimate outworking of His good is the strong staff that will bring you triumphantly through to peace and joy and light.

If you have had problems about which you have worked and prayed for some time without apparent result, release your problem to God, and stand fast in your faith in His power to make all things right. At first you may see no evidence of good, but as you keep your faith unwavering, appearances will change and good will become manifest.

If you have faith, if you have a deep, abiding faith that back of appearances God is bringing good into evidence, you can overcome every limitation. God never fails, and by your faith and trust you can prove His blessings in your life.

✱ *This is the victory that hath overcome the world, even our faith.—I JOHN 5:4.*

DECEMBER 20

*Friday*

THE NEW LIGHT IN CHRIST GUIDES AND  
DIRECTS ME IN ALL MY WAYS.—UNITY CLASS  
THOUGHT.

AS THE Christmas season draws near, we turn in thought daily to the wondrous Son of God, whose birth we shall soon commemorate. He came to bring new light to a world groping in darkness; this is attested by His advent's being attended by the hosts of angels and the bright star that guided those who sought Him.

Surely a star of wondrous light guides all who seek the Christ, directing them in ways of joy, pleasantness, and peace. It is a radiant star that shines within the soul of each man, its rays beckoning him to discover the Christ within Him that stands ready to reveal to him all his divine possibilities.

Even though we may already have dimly perceived the light, it shines anew for us as we continue to seek to express the Christ more abundantly in our life. Momently it brightens as we give thanks for renewed understanding, greater vision, and the certainty of divine direction.

✿ *Arise, shine; for thy light is come, and the glory of Jehovah is risen upon thee.*—ISA. 60:1.

# Saturday

DECEMBER 21

ALL MY AFFAIRS ARE BLESSED BY THE NEW LIFE IN CHRIST WITH ITS MANY PROMISES OF PROSPERITY.—UNITY CLASS THOUGHT.

**J**ESUS CHRIST came into the world to bring to it a greater realization of life, of the abundant life of Spirit. He affirmed this purpose when He said, "I came that they may have life, and may have *it* abundantly."

Though many have believed that Jesus was poor because He was meek and humble, there is no record that He ever lacked anything of which He had need. His teaching throughout the Scriptures reveals that He was continually trying to get His listeners to realize and accept more of God's abundance of good. He told them: "Your Father knoweth what things ye have need of, before ye ask him." "All these things shall be added." "Ask, and it shall be given you; seek, and ye shall find." These assurances show clearly that the Father Jesus loved is not a God of poverty and lack but of riches and plenty.

Let the Christ of Christmas now bring forth plenty in your life. Rejoice in Him!

• *Your reward shall be great, and ye shall be sons of the Most High.*—LUKE 6:35.



I REJOICE IN THE RESTORATIVE POWER OF JESUS CHRIST NOW WORKING MIGHTILY IN A NEW CONSCIOUSNESS OF LIFE IN MY SOUL AND BODY.—UNITY CLASS THOUGHT.

JESUS CHRIST is "the way, and the truth, and the life," and He is your savior from every untoward condition of mind, soul, or body. He is with you now, bringing you renewal and perfect healing from all that would discommode or discomfort you.

Should the Great Healer appear in person before you, you would not need to say to Him, "I am sick," or "I am afflicted"; for in His holy presence all illness or weakness would instantly disappear to be replaced by new life flooding through every fiber of your being. Even though your physical eyes do not behold the Christ, He is here now, for He dwells within your heart. He is with you now, healing, restoring, and making you new in mind, soul, and body. He is working in you mightily, powerfully, victoriously, invincibly, for no appearance of ill-health can withstand the mighty healing power of Christ.

Rejoice, for you are healed!

✿ *Jesus Christ healeth thee.*—ACTS 9:34.

# Monday

DECEMBER 23

I TURN TO THE SPIRIT WITHIN, AND I AM  
RENEWED IN MIND, RESTORED IN FAITH,  
ESTABLISHED IN PEACE.

**D**URING THIS season of "peace on earth" most of us are very busy indeed doing the many things that will make Christmas festive and will enrich the lives of our friends and relatives. There are both duties and joys. There are so many outer activities that sometimes we are a bit lax about renewing our mental peace and poise just when it is most needed.

Let us take this day to prepare the inner man for the outer festivities by renewing a right spirit within, a spirit of calm, a spirit of peace, a spirit of faith and poise.

Let us use our statement for the day, not just at this time but every time a need arises throughout the day. If we are harried or hurried, if we are feeling tired or rushed, let us use this affirmation, let us dwell on these thoughts. We shall be at peace mentally, and our outer world will picture this peace.

*Create in me a clean heart, O God;  
And renew a right spirit within me.*

—PSALMS 51:10.

# The Christmas Star of Peace

VIOLET THOMAS HARTMANN

Tonight all hearts are in accord.  
Sweet carols fill the snow-crisp air,  
And hands reach out in fellowship  
To bless each loved one everywhere.

Tonight glad choruses have brought  
The echoed hymns the angels sang  
When Christ was born in Bethlehem  
And heaven's hallelujahs rang.

Tonight we leave, as shepherds did,  
The flock of cares and worldly things  
To follow where the star of peace  
Leads upward to the King of Kings.

Tonight a hope is born anew  
For greater bonds of brotherhood;  
Where nations' sing in harmony,  
And Christ at last is understood.

Again tonight the Christ child's star  
Gleams bright in splendor, like a gem,  
That all the world may find the path,  
Truth-lighted, back to Bethlehem.



## Tuesday

DECEMBER 24

TODAY I EXPECT A GREATER EXPRESSION OF  
THE CHRIST SPIRIT IN MY LIFE.

CHRISTMAS TIME is a time of expectancy. Long years ago Mary expected the birth of a child, a child that would become "the light of the world." Long years ago the Wise Men followed the star, expecting to find the Messiah at the end of their journey. Today we celebrate the birthday of the Christ in ways that create anew a feeling of expectancy.

Everyone expects joyful things to happen at Christmas time. Little children expect surprises that will make them happy. All of us expect visits from our loved ones and cards or some word from our friends.

It is right and good that Christmas time should be a time of joyful expectancy. We should expect outer blessings that will add to our happiness; we should expect also a rebirth of the Christ within. We should expect a new realization of light, life, peace, and joy. We should expect a greater expression of the Christ Spirit in our life.

*My soul, wait thou in silence for God only;  
For my expectation is from him.*

—PSALMS 62:5.

DECEMBER 25

## Christmas Day

CHRIST IS BORN IN ME THIS DAY. HALLOWED  
BE HIS PRESENCE WITHIN ME.

ON THIS DAY when we celebrate once more the birth of the babe Jesus in Bethlehem let us celebrate also the birth of the Christ in us. Let us rejoice in the birth of a new spirit in us, a new spirit of love and faith and joy and light and peace.

Spiritual rebirth is a progressive process. Just as Jesus Christ came to the world as a baby that had to grow and become the perfect man, so the birth of the Christ Spirit in us is but the beginning of our journey toward spiritual perfection. The Christ nature is formed in us and perfected in us as we learn to give expression to it day by day.

Today there is rejoicing in the world because of the birth of Jesus Christ. Today there is rejoicing in your heart because of the birth of the Christ Spirit in you. The power of the newborn Christ transforms you and blesses and enriches your life. Christ is your fulfillment.

Christ is born in you this day. Hallowed be His presence within you.

✿ *Except one be born anew, he cannot see the kingdom of God.*—JOHN 3:3.

## Thursday

DECEMBER 26

I AM CONSTANTLY AWARE OF THE LIFE OF GOD IN MY BODY, AND I AM WHOLE AND PERFECT.

THE LIFE OF God flows freely through every nerve and cell of your body at all times, renewing and rebuilding, vitalizing and strengthening every part. Constant awareness and acknowledgment of His life as the only presence and power in your body keeps it strong and healthy and vital. When your body becomes weak or sick, it is because you have given thoughts of imperfection and disease more power than God and have thus cut off the flow of His life in you.

Take time each day to bless your body by realizing that there is but one life in it and that this life is the pure and perfect life of God. See it perfect as it was created, each cell filled with His renewing life, each function directed by His intelligence. Look past any seeming imperfection through to the truth of your health and wholeness in God. Hold steadfastly to this truth, and your body will respond by outpicturing the radiant health and strength and perfection that is your divine birthright.

☛ *Thy faith hath made thee whole.*—LUKE 8:48.

DECEMBER 27

## Friday

I HAVE FAITH THAT GOD KNOWS HOW TO ANSWER MY PRAYERS AND THAT HE IS BRINGING MY GOOD INTO VISIBILITY.

SOMETIMES when we pray we keep looking for evidence of improvement, for an outer sign of our answer. "Faith is . . . a conviction of things not seen." We need to keep our attention centered on God and His great wisdom and power and love. We need to relax our vigil and trust Him completely, for we can be utterly, unreservedly, steadfastly sure of God.

The answer will come even though we may not see the way. God has ways that are beyond our human comprehension or ability to foresee. God knows how to bring His good into visibility in our life. Our part is to keep ourselves open channels for Him, to cease worrying about the conditions we wish to change or improve, to feel His loving presence, to have faith in His power at work, and to give thanks now.

God in the midst of you is working with you and for you, and He is bringing your good forth in the right way, and at the right time.

✿ *Faith is . . . a conviction of things not seen.*—HEB. 11:1.

# Saturday

DECEMBER 28

I CONSTANTLY TURN TO GOD FOR LIGHT AND INSPIRATION, AND I AM ILLUMINED AND BLESSED AT ALL TIMES.

**T**HE SPIRIT of God in the midst of you is the light of your life. When you consciously recognize the Spirit of light within you, when you constantly turn within for inspiration and guidance, all darkness will disappear and your path will become clear before you.

When you have problems to meet, decisions to make that seem difficult, turn to His Spirit within you. Quiet all your troubled thoughts and let His light and peace pervade your entire consciousness. As you yield yourself to His instruction, doubt and indecision will disappear and you will become serene and confident of your guidance.

Dark places become light and rough places become smooth when you follow the inspiration that God gives you through His Spirit within you. Acknowledge your oneness with Him, with His wisdom, understanding, and discernment, keep your mind and heart open to Him, and you will be unfailingly illumined and blessed.

✿ *Then shall thy light rise in darkness, and thine obscurity be as the noonday.*—ISA. 58:10.



DECEMBER 29

## Sunday

I ADORE GOD AS THE LIFE OF MY BODY, THE INTELLIGENCE OF MY MIND, AND THE FULFILLMENT OF EVERY DESIRE OF MY HEART.

IT IS NOT always easy to realize God's presence in our mind, body, and affairs. It is good to think of Him as a vast and powerful force in the universe, but we need to know that God is not far away from us, that we actually live and move and have our being in Him.

Who can observe the intricacies of the human body and its miraculous renewing power without bowing in adoration to God as life? Who can see evidence of the vast intelligence of the human mind without being awed by the infinite intelligence of God? Who can observe and experience the capacity of the human heart to love and understand without having his heart lifted in worship of the great goodness of God?

Man is made from the very substance of God Himself, and there is no problem beyond his power to solve when he accepts God as the life of his body, the intelligence of his mind, and the fulfillment of every desire of his heart.

☛ *In him we live, and move, and have our being.*—ACTS 17:28.

# Monday

DECEMBER 30

THIS MOMENT AND EVERY MOMENT I AM  
FILLED WITH GOD'S LIFE AND CARED FOR BY  
HIS LOVE.

IT IS A comfort to realize that right at this moment God's love surrounds you and cares for you in every way. You only need to live from moment to moment in this realization to be free from worry. You will not fret about the future, but you will know that the present moment and all future moments are blessed with God's love and care.

"Moment by moment, I'm kept in His love;  
Moment by moment, I've life from above;  
Looking to Jesus till glory does shine;  
Moment by moment, O Lord, I am Thine."

God is a loving presence in your life. He is your help in every need. He cares for you and approves of you. His love protects you. When you trust in Him nothing in the world can hurt you, nor can you be separated from your good. This instant God is in control of every phase of your life.

Start this day, this moment, to rely on God's love and care.

♣ *My presence shall go with thee.*—Exod. 33:14.

TODAY I PREPARE MY MIND AND HEART TO  
MOVE INTO THE NEW YEAR IN FAITH AND  
PEACE.

**M**OST OF US have had experience in moving from one place to another. In the moving process we always sort out all the things we have accumulated in the place from which we are moving, and we move only those things which we have affection for or which are likely to serve us effectively where we are going.

It is helpful to sort out in our mind and heart the things we do not want to carry forward from the old year into the new.

Since it is the quality of our thought and feeling that creates the kind of body and life that we have, it is the false and unconstructive thoughts and feelings accumulated by us that we want to leave behind. It is faith in the presence of God with us, faith in the goodness of life, that we want to take with us into the new year. This faith is the thing we shall have need of in the new year if we are to make it the most satisfying year we have ever had.

✿ *Set thy heart aright . . . thy life shall be clearer than the noonday.*—JOB 11:13, 17.

## Attention:

### Those Ordering Unity Literature for Christmas!

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If you observe the following points in connection with your Christmas orders for Unity literature, you can be assured of their speedy handling:

- 1. Mail your order NOW. (During the busy Christmas season several weeks are required for an order to be filled and to reach its destination.)
2. Give the complete name and address of every person to whom you wish us to send your gifts of literature.
3. Name the magazine or book you wish sent to each person.
4. Use our printed order forms whenever possible.

By following these suggestions and blessing each order you send you will be helping us greatly to give you prompt service.

#### *In Re* January Issue for Regular Subscribers

Because the heavy holiday mail often causes delay in the delivery of magazines during the Christmas season, the January issue of Unity periodicals may be slow in reaching regular subscribers. Practically no mail is lost on account of the seasonal rush, but delays do occur. We shall appreciate your waiting patiently for the January issue of *your* magazine to reach you.

Thank you for your co-operation!

# *A New Unity Greeting Booklet*

## **THE CHRISTMAS SPIRIT**



**THE CHRISTMAS SPIRIT** is a collection of Christmas poems, articles, and meditations that can be depended upon to convey to your friends the beauty and Truth of Christmas as well as your heart-warming message of love and friendship. "An Age-Old Christmas Greeting," "It is Christmas in Your Heart," and Frank B. Whitney's beloved "What Think Ye of the Christ" are among the selections to be found in this lovely all-Christmas booklet.

### **OTHER GREETING BOOKLETS**

*Challenge of the Dawn, First Things First, The Great Helper, Gifts for the Christ, God Is Blessing You Now, Holy Bread, Life Is Consciousness, The Mental Equivalent, The Protecting Presence, The Song of Life, White as Cotton.*

*Price of the booklets, 10 cents each; 12 assorted (your selection or ours) for \$1.*

Unity greeting booklets are 3¾ by 5½ inches in size, artistic, colorful, and printed on fine paper. With them come attractive Christmas mailing envelopes requiring only one cent postage. (Booklets are sent to you for remailing; we do not address them individually to your friends.) Price of the booklets, 10 cents each; 12 assorted (your selection or ours) for \$1.

UNITY SCHOOL OF CHRISTIANITY, 917 TRACY, KANSAS CITY 6, MO.

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UNITY



## CHRISTMAS GIFT SUGGESTION!

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UNITY SCHOOL OF CHRISTIANITY, 917 TRACY, KANSAS CITY 6, MISSOURI



## *It Came upon the Midnight Clear*

EDWIN H. SEARS

It came upon the midnight clear,  
That glorious song of old,  
From angels bending near the earth,  
To touch their harps of gold;  
"Peace to the earth, good will to men,  
From heaven's all-gracious King";  
The earth in solemn stillness lay,  
To hear the angels sing.

Still through the cloven skies they come,  
With peaceful wings unfurled,  
And still celestial music floats  
O'er all the weary world;  
Above its sad and lowly plains,  
They bend on heavenly wing,  
And ever o'er its Babel sounds,  
The blessed angels sing.

For lo! the days are hastening on,  
By prophet bards foretold,  
When with the ever-circling years  
Comes round the age of gold!  
When peace shall over all the earth  
Its final splendors fling,  
And the whole world send back the song  
Which now the angels sing.



*r*